WHAT IS CLAIMED IS:

1. A method comprising:

setting an index value of a multimedia message; and

forwarding the multimedia message based on the set index value.

2. The method of claim 1, wherein the index value is set in a header of the multimedia message.

3. The method of claim 2, wherein the index value comprises a predetermined bit in order to discriminate the multimedia message from other multimedia messages.

4. The method of claim 2, wherein the index value is set as a value corresponding to other than '0' by a multimedia messaging service server.

5. The method of claim 2, wherein the index value is set as a value corresponding to '0' when contents of the multimedia message change.

6. The method of claim 2, wherein the index value is set as a value corresponding to '0' when the multimedia message is deleted from a mailbox.

7. The method of claim 1, wherein forwarding the multimedia message comprises forwarding the multimedia message from a server to a user agent.

8. A method comprising:

transmitting header information of a multimedia message from a user agent to a server; and

determining an index value of the transmitted header information.

9. The method of claim 8, further comprising retrieving a multimedia message having a same index value in a mailbox .

10. The method of claim 9, further comprising inserting information of a receiving side in the retrieved multimedia message.

11. The method of claim 10, further comprising transmitting the multimedia message to a user agent on the receiving side.

12. The method of claim 10, wherein the information of the receiving side comprises one of a telephone number and an address of the receiving side.

13. The method of claim 8, wherein the index value includes a predetermined bit to discriminate among multimedia messages.

14. The method of claim 8, further comprising a multimedia server setting the index value to correspond to a value other than '0'.

15. The method of claim 14, wherein the index value is set to correspond to '0' when contents of the multimedia message changes.

16. The method of claim 14, wherein the index value is set to correspond to '0' when the multimedia message is deleted from a mailbox.

17. The method of claim 8, further comprising transmitting the multimedia message when the index value corresponds to '0'.

18. The method of claim 8, wherein the multimedia message stored in a mailbox has a predetermined storage time set by a multimedia user agent.

19. The method of claim 18, further comprising automatically deleting the multimedia message stored in the mailbox when the set storing time elapses.

20. A multimedia communication method comprising:

receiving header information of a multimedia message; and

determining how to communicate a multimedia message based on the received header information.

21. The method of claim 20, wherein determining how to communicate comprises determining an index value of the multimedia message.

22. The method of claim 21, wherein the index value is provided in the header information.

23. The method of claim 21, further comprising forwarding the multimedia message from a first user agent to a second user agent based on the determined index value.

24. The method of claim 21, further comprising retrieving a multimedia message having a similar index value from a memory based on the determined index value.

25. The method of claim 24, further comprising associating identification information of a receiving side with the retrieved multimedia message.

26. A server comprising:

a receiving device to receive at least an index value of a multimedia message;

a processor to select information to transmit based on the index value; and

a transmitting device to transmit at least the selected information.

27. The server of claim 26, wherein the index value is provided in a header of the multimedia message.

28. The server of claim 26, wherein the index value comprises a predetermined bit in order to discriminate the multimedia message from other multimedia messages.

29. The server of claim 26, wherein the processor sets the index value to correspond to '0' when contents of the multimedia message change.

30. The server of claim 26, wherein the processor sets the index value to correspond to '0' when the multimedia message is deleted from a mailbox.

31. The server of claim 26, wherein the processor decides to forward the multimedia message from a first user agent to a second user agent based on the received index value.

32. The server of claim 26, wherein the processor decides to retrieve a multimedia message having a similar index value from a memory based on the determined index value.